



## ***Adult Workout Classes***



*Zumba - Monday & Thursday - 6:30pm*

*Turbo Kick Boxing - Wednesday - 6:30pm*

*Mommy & Me Stroller Boot Camp - Friday - 9:00am*

*Get Out The Door & Run - Saturday - 7:30am*



## ***Stop By and Reserve Your Spot Today!***

Location: Toddle Fitness  
309 W. Oak Ave in Visalia  
Office 622-9095 or Direct 816-7716  
See our website for more information  
[www.toddlefitness.com](http://www.toddlefitness.com)